

~ September 2014 ~						
◀ Aug 2014						Oct 2014 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Oatmeal Carrot sticks/Dip Stuffed potatoes primavera- Meatless Monday site	2 Peach streusel muffins – Sally's Baking addiction Plums Pancakes	3 Pancakes/peaches Peaches Drumsticks/carrots/potato fries	4 Pancakes Canned apples/pears Slow cooker Chili mac (add cheese sauce?)	5 Smoothies/toast Applesauce Pizza	6
7	8 Oatmeal Fruit roll-ups Broccoli risotto	9 Granola Carrots Waffles	10 Waffles Hard boiled eggs Chicken pot pie kit	11 Waffles Apples Jack Daniels pulled pork over buns or rice	12 Smoothies/Toast Carrot Sticks/dip Pizza	13
14	15 Oatmeal Peanut butter/pretzels Teriyaki broccoli/water chestnuts/rice/try tofu?	16 Muffins – apple or peach butter Carrots Eggs – Make extra for breakfast burritos	17 Egg burritos Canned pears/Apples/Applesauce Spicy chicken/frozen veg	18 Overnight baked oatmeal Carrots/dip Crockpot Aloha Chicken	19 Smoothies/toast Yogurt Pizza	20
21	22 Oatmeal Fruit roll-ups Ham/potatoes/biscuits? Or something	23 Pumpkin banana muffins Quesadillas Crepes – ham/cheese/apples/pumpkin cream cheese/applesauce	24 Granola/Crepes Peanut butter/pretzels Shepherd's pie	25 Oatmeal Raisin muffins Hard boiled eggs Crockpot split pea soup	26 Smoothies/toast Hummus/carrots/veg Pizza	27
28	29 Oatmeal Hard boiled eggs Butternut squash spinach alfredo/breadsticks	30 Breakfast rolls Applesauce Egg muffins-make extra to freeze	Notes: 8 – what goes with risotto? 23-First Day of Fall special fall theme meals			

More Calendars from WinCalendar: [October](#), [November](#), [December](#)